



Nanchang University PSY 311: Psychological Personality

Credit: 4

Contact Hours

This course is composed of 24 lecture sessions, 3 tutorial sessions and 9 office contact hours. Each lecture session takes 2 contact hours in length; each tutorial session takes 3 contact hours in length; There will be a Q-A review session (3 contact hours) and Final Exam (3 contact hours) at the end of this term. This course has 72 contact hours in total.

Course Description

This course aims at helping students relate current research in the field of personality psychology to their daily lives. This undergraduate course for personality psychology covers the study of individual differences, identifying ways in which people are both similar and different and for explaining how they become that way. At the same time, it introduces students to the basic foundations and latest findings by presenting the fundamental questions, accumulated knowledge, and latest findings in genetics, neuroscience, traits, self and identify, intrapsychic aspects, regulation, motivation, and cognition, as well as the integration across these areas.

Courses objectives

The goals of the course are to aid students in analyzing both the foundations and findings of the research process, learning about themselves, the people around them, and how personality psychology applies to their everyday lives, understanding and interpreting new discoveries in psychology and related fields as they occur in the future.

Textbook Information:

Textbook: *Personality Psychology: Foundations and Findings*

Author: Marianne Miserandino

Publisher: Pearson

Published Date: Sept. 27, 2011

Grading

- Participation 10%
- Reports 30%



- Presentation 10%
- Midterm Exam 20%
- Final Exam 30%

A+ 96-100	A 90-95	A- 85-89
B+ 82-84	B 78-81	B- 75-77
C+ 71-74	C 66-70	C- 62-65
D 60-61	F < 60	

Course Schedule

The course has 24 class sessions in total. All sessions are 2 contact hours in length. At the end of this term, there will be a Q-A review session(3 contact hours) and Final Exam (3 contact hours).

Note: the course outline and required readings are subject to change.

Class 1:

Introduction of the course and textbook

Class 2:

Chapter 1: Who Am I? Understanding the Building Blocks of Personality

Class 3:

Chapter 2: Personality Traits: A Good Theory

Class 4:

Chapter 3: Personality Traits: Practical Matters

Class 5:

Chapter 4: Personality Assessment

Report 1

Class 6:

Chapter 5: Self and Identity

Class 7:

Chapter 5: Self and Identify (Cont.)

Class 8:

Chapter 6: Genetics

Class 9:

Chapter 6: Genetics (Cont.)

Class 10:



Chapter 7: The Neuroscience of Personality

Class 11:

Chapter 7: The Neuroscience of Personality (Cont.)

Report 2

Class 12:

Chapter 8: Intrapsychic Foundations of Personality

Class 13:

Chapter 8: Intrapsychic Foundations of Personality (Cont.)

Class 14:

Review of Chapter 1 to Chapter 8

Midterm Exam

Class 15:

Chapter 9: Regulation and Emotion: Self-determination Theory

Class 16:

Chapter 9: Regulation and Emotion: Self- determination Theory (Cont.)

Class 17:

Chapter 10: Cognitive Foundations of Personality

Class 18:

Chapter 10: Cognitive Foundations of Personality (Cont.)

Presentation

Class 19:

Chapter 11: Gender and Personality

Class 20:

Chapter 11: Gender and Personality (Cont.)

Class 21:

Chapter 12: Sexual Orientation: An Integrative Mini-Chapter

Class 22:

Chapter 13: Resilience: An Integrative Mini-Chapter

Report 3

Class 23:

Chapter 13: Resilience: An Integrative Mini-Chapter(Cont)



Class 24:

Overview and preparation for final exam

Attending Policy

Regular and prompt attendance is required. Under ordinary circumstances, you may miss two times without penalty. Each absence over this number will lower your course grade by a third of a letter and missing more than five classes may lead to a failing grade in the course. Arriving late and/or leaving before the end of the class period are equivalent to absences.

Policy on "Late Withdrawals"

In accordance with university policy, appeals for late withdrawal will be approved ONLY in case of medical emergency and similar crises.

Academic Honesty

Nanchang University expects all students to do their own work. Instructors will fail assignments that show evidence of plagiarism or other forms of cheating, and will also report the student's name to the University administration. A student reported to the University for cheating is placed on disciplinary probation; a student reported twice is suspended or expelled.

General Expectations:

Students are expected to:

- Attend all classes and be responsible for all materials covered in class and otherwise assigned;
- Complete the day's required reading and assignments before class;
- Review the previous day's notes before class and make notes about questions you have about the previous class or the day's reading;
- Participate in class discussions and complete required written work on time;
- Refrain from texting, phoning or engaging in computer activities unrelated to class during the class period;
- While class participation is welcome, even required, you are expected to refrain from private conversations during the class period.

Special Needs or Assistance

Please contact the Administrative Office immediately if you have a learning disability, a medical issue, or any other type of problem that prevents professors from seeing you have learned the course material. Our goal is to help you learn, not to penalize you for issues which mask your learning.